



# TOP COACHES' SEMINAR 2013

19 – 22 December 2013 in Belgrade / SRB





## HOSTING CITY – BELGRADE, SERBIA

Belgrade (Beograd) is the capital of Serbia, and has a population of around 1.6 million. It is situated in South-Eastern Europe, on the Balkan Peninsula, at the confluence of the Sava and Danube rivers. It is one of the oldest cities in Europe and has since ancient times been an important focal point for traffic, an intersection of the roads of Eastern and Western Europe.

Belgrade is the capital of Serbian culture, education, science and economy. As a result of its tumultuous history, Belgrade has for centuries been home to many nationalities, with Serbs of the Orthodox Christian religion making up the majority of the population (90%). The official language is Serbian, while visitors from abroad can use English to communicate.

The climate in Belgrade is a moderate continental one, with an average daytime temperature of 11.7°C.

Belgrade is in the Central European Time (CET) zone (GMT+1 hour). Summer time (GMT+2 hours) lasts from the end of March until the end of October.

The official currency is the dinar (RSD), but Euros can be exchanged freely. The Belgrade area code for domestic calls is 011 and for international calls ++381-11.





## COURSE BASICS

Course fee:	250 EU
Course Fee Includes:	Course participation and documents Course documentation on CD ROM/DVD and sent out after the seminar Tickets for semifinal and final day Coffe breaks Local transport Hotel - Sporthall
Travel:	The participans have to organise their travel and to pay travel expenses for themselves
Local transport:	Airport to Hotel:18 EU (one way ticket)
Number of participants:	Maximum 100 person
Course language:	English
Main Lecturers:	Frantisek Taborsky, Paul Landuré, Aleksandar Brković
Registratinon:	Serbian Handball Federation Belgrade, Obilićev Venac 4-2 zl@rss.org.rs Your registration will be confirmed by SHF
Deadline:	01.12.2013.
Hotel price	
Half board:	Double room: 60 EU/per day/per person Single room: 90 EU/per day/per person
Full board:	Double room:80 EU/per day/per person Single room: 110 EU/per day/per person
Payment mode:	Your registration will be confirmed by SHF. SHF will sent an invoice which must be paid by the deadline given. A deposit of 250 EU is required within 10 days after invoice sent by SHF. The remaining costs should be payd 10 days prior to seminar – Invoice will be sent by SHF.
Instructions for payment	
Intermediary 56a:	DEUTDEFF (DEUTSCHE BANK AG,FRANKFURT)
Account No.57a:	936528900 VBUBRS22(Vojvodjanska banka, Novi Sad,SRB)
Beneficiary Customer 59:	RS35355000320006588740/IBAN CODE/ RUKOMETNI SAVEZ SRBIJE,Obilićev venac 4/2 Beograd. Serbia



Best Western Hotel M



Best Western Hotel (Conference room)



SC Voždovac - BANJICA

## CONTACT INFORMATION

ORGANISER:  
SERBIAN HANDBALL FEDERATION  
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SUPPORTED BY:  
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CH-4002 Basle, Switzerland  
Tel:+41 -61-228 90 40  
Fax:+ 41-61 -228 90 55  
E mail: ihf.office@ihf.info

SEMINAR HOTEL:  
Best Western Hotel M  
Bulevar Oslobođenja 56 a  
11 000 Belgrade, Serbia

Web: [www.hotel-m.com](http://www.hotel-m.com)  
Tel:+ 381 11 3090 401  
Fax :+381 11 3090 403  
E mail: [office@hotel-m.com](mailto:office@hotel-m.com)

SEMINAR VENUES:  
Best Western Hotel M  
(Conference room)

SC Voždovac - BANJICA  
(Sport hall,nearby Hotel)  
Crnotravska 4  
11 000 Beograd  
Tel./Fax:+381 11 2660 640  
Web: [www.uscvozdovac.rs](http://www.uscvozdovac.rs)



SPORT EVENT  
2013 Women s World Champion  
06-22 December 2013 in Serbia

## COURSE SCHEDULE

Thu, 19. Dec. 2013.			
08.00 - 15.00	Arrival, Accreditation, Breakfast, Lunch		
15.00 - 15.30	Opening	Conference Room	IHF, RSS
15.30 - 17.00	Trend in Top Handball Attack Activities	Conference Room	Frantisek Taborsky
17.00 - 17.15	Coffee Break		
17.15 - 18.45	Trend in Top Handball Defense Activities	Conference Room	Paul Landuré
19.00h	Dinner	Hotel	
Fri 20. Dec. 2013.			
08.00 - 08.30	Breakfast		
8:30	Departure to Sport Hall		
09.00 - 10.15	Defensive Tactical Flexibility	Sport Hall	Paul Landuré
10.30 - 10.45	Coffee break		
10.45 - 12.00	Tactical Flexibility in Attack	Sport Hall	Frantisek Taborsky
13.00	Lunch	Hotel	
14.00 - 15.30	Wings function in modern handball	Conference Room	Aleksandar Brković
15.30 - 16.00	Coffee Break		
16.30 / 22.30	WCh matches	Sport Hall / Kombank Arena	
23.00	Dinner	Hotel	
Sat 21. Dec. 2013			
08.00 - 08.30	Breakfast		
08:30	Departure to Sport Hall		
09.00 - 10.15	Recover the Ball with less Defensive Fouls	Sport Hall	Paul Landuré
10.15 - 10.45	Coffee Break		
10.45 - 12.00	Pivot's Activities	Sport Hall	Frantisek Taborsky
12.00	Lunch	Hotel	
13:30	Departure to Sport Hall		
14.00 - 15.30	Specific Speed/Coordination of Goalkeeper	Sport Hall	Paul Landuré
15.30 - 16.00	Coffee Break		
16.00 - 17.30	Cooperation in Fast Break	Sport Hall	Frantisek Taborsky
17.30 - 18.45	Transition from defense to attack and extended counter attack	Sport Hall	Aleksandar Brković
20.00	Dinner	Hotel	

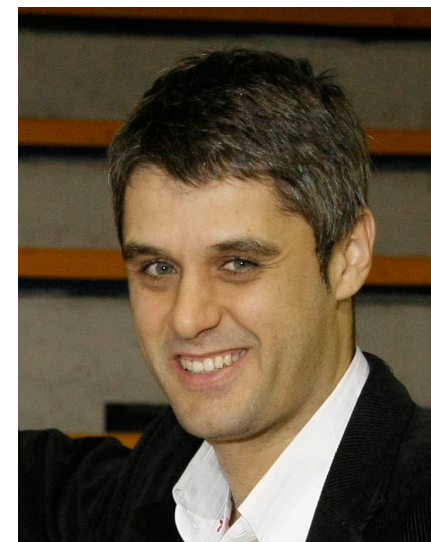
Sun 22. Dec. 2013			
08.00 - 09.00	Breakfast		
09.00 - 10.30	Assessment of Playing Performance on WCn in SRB	Conference Room	Frantisek Taborsky / Paul Landuré
10.30 - 10.45	Coffee break		
10.45 - 11.15	Analysis WCh	Conference Room	Referee Comision
11.15 - 11.45	Closing + Certificates	Hotel	
12.00	Lunch	Hotel	
13.00	Departure to Sport Hall / Kombank Arena	Sport Hall / Kombank Arena	
14.30 - 20.00	WCh matches	Sport Hall / Kombank Arena	
20.00	Dinner	Hotel	
Mon 23. Dec. 2013		Departure	



Frantisek Taborsky



Paul Landuré



Aleksandar Brković

